Long Hill Recreational Baseball

This is an outline summarizing the 2024 LHBSA Recreation Baseball Rules. Any rule that is not covered in this outline will be covered by the 2024 Cal Ripken Babe Ruth Rule Book

League: Rookie

Age/Grades: 1st and 2nd Graders

Players: From Long Hill Only

Regular Season Games: 10 regular season games, no playoffs

Game Days: Monday and Friday

Interleague Games w/ Sending Districts: No

Umpires: 1 umpire behind the pitcher

Baseball Used: Rawlings RCAL1

Bats: USA Bat Standard

Field Dimensions: 46/60

Pitching: Coach Pitch Innings 1,2,5 and Player Pitch Innings 3,4

Coach Pitch Distance: 33 ft. minimum

- Coach pitcher can kneel
- Player has 6 pitches to put the ball in play, then the player is out
- No fouling out on last pitch
- No walks or hit by pitch when coach is pitching

Player Pitch Distance: 40 feet minimum distance (2nd grade travel players are encouraged to throw from 46 feet)

Pitcher Rest: 1-35 pitches: 1 day rest

                          36-50 pitches: 2 days rest

Roster Bat: Yes, all batters in line up but change sides on 3 outs

Playing Time: min 4 innings in the field per game

Catcher: Player

Extra OF: 4 allowed

Extra IF: No

Coach on Field for Defense: Allowed, 2 max-on OF grass, in addition to coach pitcher

Innings: 5 innings unless subject to time limit

Time Limit: No new inning after 1 hour 30 minutes, no hard stop

Max Runs per Inning: 5 runs during coach pitch and 2 runs during kid pitch. Uncapped in the 5th innings

Mercy Rule: No

Outs Called: Yes

Balls and Strikes Called: Yes, during player pitch and 6 pitches max to batter for coach pitch before an out is called, can't foul out

Score Kept: Yes

Standings Kept: No

Stealing: No

Leading: No primary, yes secondary once ball has crossed the plate

Sliding: feet first, head first allowed when going back to bag

Courtesy Runner: Allowed for P and C, anytime regardless of number of outs

Extra Bases: May take one base only on overthrow to 1st base (n/a for 2nd and 3rd)

Bunting: Not Allowed

Fake Bunting: Not Allowed

Slashing: Not Allowed

Intentional Walks: Not Allowed